CASE REPORT

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Postmortem Determination of the Biological Distribution of Formic Acid in Methanol Intoxication

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ABSTRACT: Two 25-year-old men were fatally intoxicated with methanol. The formic acid levels in their blood, urine, and organs were determined postmortem by headspace gas chromatography. The postmortem concentrations of formic acid in the two patients were the following: 0.32 and 0.23 mg/mL in blood, 2.27 and 0.47 mg/mL in urine, 0.11 and 1.17 mg/g in the brain, 0.54 and 0.51 mg/g in the liver, and 0.13 and 1.19 mg/g in the kidneys. The total amounts of formic acid in the gastric contents were 108 and 23.2 mg.

KEYWORDS: toxicology, methanol, chromatographic analysis, gas chromatography, formic acid, biological distribution

Methanol is commonly used as a solvent in various coatings such as house paint and in other materials such as dyes, fuels, and antifreezes. Methanol is metabolized in vivo to produce acetaldehyde and formic acid, and it has recently been reported that methanol toxicity is to be attributed to formic acid rather than to acetaldehyde [1,2]. For that reason, measurement of blood formic acid concentrations was essential in assessing methanol poisoning. However, there have been only a few reports on the determination of formic acid levels resulting from methanol intoxication [3-5].

In the present study, the authors performed postmortem determination of formic acid levels in the blood, urine, and body tissues of two patients who died from methanol intoxication.

Case History

Two 25-year-old men drank fuel methanol by mistake. After 10 h they complained of poor appetite and lumbago, and after 18 h they had severe stomachache. After 21 h they

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Specimen	Case 1	Case 2
Blood, mg/mL ^a	0.32	0.23
Urine, mg/mL	2.27	0.47
Brain, mg/g	0.11	1.17
Liver, mg/g	0.54	0.51
Kidney, mg/g	0.13	1.19
Gastric contents (total), mg	108	23.2

TABLE 1—Postmortem distribution of formic acid.

"Heart blood.

became nauseated and confused and then entered the hospital, where they both expired 1 h later. The exact amount of methanol ingested was unknown.

Methods

The concentration of formic acid in the blood, urine, and body tissues was performed by a method previously published [6]. The gas chromatograph used was a Hitachi Model GC-163, equipped with a flame ionization detector. The glass column (2 m by 3 mm in inside diameter) was packed with Porapak Q (80 to 100 mesh). The injection port and detector temperatures were 200 and 135° C, respectively.

Results and Discussion

The distribution of formic acid after lethal methanol intoxication is summarized in Table 1. In Case 1 the highest formic acid concentration was found in the urine, and in Case 2 the highest level was in the kidney and brain. Previous reports concerning formic acid measurement have, for the most part, been confined to blood concentrations. The reported concentrations include 0.31 mg/mL, by Shahangian et al. [4]; <2.5 to 104 mg/mL, by Fraser and MacNeil [3]; and 0.015 to 0.19 mg/mL by Mahieu et al. [5]. Mahieu et al. [5] also reported that blood formic acid concentrations above 0.5 mg/mL lead to severe methanol poisoning. The blood concentrations in our patients, however, were less than those reported above. The same is true of the methanol concentrations. The discrepancies among these reports in the blood concentrations of methanol and formic acid may be attributable to such factors as the amount of methanol ingested, the time of blood collection, individual variation, and the presence or absence of medical treatment for intoxication, all of which vary from case to case. Consequently, it is extremely difficult to determine the lethal doses of methanol and formic acid in humans. Meanwhile, the symptoms of our two intoxicated patients were similar to those reported previously [5,7].

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